BM gastronomia Parma's delights

SPECIAL EDITION CIBUS • 18

Ready meals fresh

In aluminum panGenuineness and Tradition

THE NEW ETHNIC MENU LINE

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FOR MICROWAVE

pasta sauces

- Puttanesca
- Amatriciana
- Pesto
- Pomodoro e basilico...

ITALIAN TRADITION







We offer you in different kind of packagings and bowls: Appetizeers, main courses, fish second dishes, meat second dishes, side dishes & sauces

B.M. gastronomy is a modern business producer and distributor of gastronomic products, a business reality that is a part of the little and medium alimentary enterprisers crowd who form the Parmesan food

Our seat, in the very neighbourhood of the city, is made of an efficient and rational complex, set up by the most modern structural principles, that includes an offices area and a reserved area for the quality control: an equipped microbiological laboratory that follows and watches on the hygienic and sanitary treatment of the products.

A vanguard productive division, a products store completely computer-based and a flawless internal delivery service complete our firm list that wants to be quite a structure at the customer's service.

Tanks to a staff of maximum reliance and reliability we have been able to impose ourselves as a company with really unique features that distinguish us from all the other firms of this sector.

Because in B.M., the familiar running is connected to the European marketing breath, to the homemade production care, the diffusion on industrial size, to the decennial experience of a young enterprisers group, and finally, as a contribution to the human irreplaceable eye, the most sophisticated features.

A capillary sale net, supervisioned by our commercial division, covers all the national territory.

The diffusion of our gastronomic specialities in the best sales points and the contracts stipulated with the most important Italian chains of the big distribution have not exhausted our enterprise's objectives that is already moving its first steps in the European market.

Turnover 2017: 16,600,000 Euros Budget 2018: 17,500,000 Euros Employees: 75 Plant surface: 7,000 m2 Certifications: BRC, IFS *Production: 14 product lines, 180 products* Brands: Bm Gastronomia, Beati Voi, In Festa, For Single, Chef For You, Pastapac, Ben Essere Veg Internet website: www.bmgastronomia.com





methods. BRC, IFS.

Quality

The internal laboratory makes constantly samples and microbiological analysis in each working phase.

The precise selection of the suppliers makes the basic ingredients used be the result of an attempt and meticulous evaluation. Our boast is the products range without additives or preservatives.

All our references are packed into boxes with modified atmosphere and sealed by a thermowelded closure to guaranty the most respect of hygienic and organoleptic properties.

A non-stop cold chain, makes sure the products arrives to the consumer with an appropriate " shelf – life ".



Logistic

Logistic is a principle to our job.

Specialists of big experience are at our disposable collaborating to satisfy each requirement for an accurate and qualified assistance. An efficient store and distribution system ensures the dealing of each requests in a very shirt time, delivering to all over the world, islands comprehended.

The frequency of the supplying, measured on the pretences of the costumers, ensures a complete range and an optimal direction of the selling stand.



To us the cooking knowledge is a choice and a passion supported by research and competence.

Since the beginning the quality has been one of our irrevocable target; nothing is leaved to the chance.

Security of our products is confided to the most meticulous respect of the hygienic and sanitary rules and to the rationalism of the production

A highly qualified staff, gifted of the most modern features, subjects to numerous tests the raw materials, the working products and the finished one. Our quality system applies methodically the a law by decree relative the self-control HACCP and is certified by the UNI EN ISO 9001:2008,





Freshness

Ours is very modern gastronomic workshop, studied to satisfy every day the costumers requests.

The productive structure doted of a big store for the raw materials, is provided of a delivery division relatively scant; the why is that we make the stock rotation quite unnecessary seen that we work to order.

In order to satisfy all the exigencies we are able to prepare and deliver our products within 24 hours by the order.

That's a good guaranty of freshness for the consumer.





FIRST COURSES

fresh ready dishes high quality









GREEN PASTA LASAGNE MILAN-STYLE GREEN LASAGNE LASAGNE WITH MEAT SAUCE MILAN-STYLE YELLOW LASAGNE MACCHERONI WITH MEAT SAUCE AUBERGINES PARMIGIANA MINI ARANCINI RICE BALLS WITH TOMATO SAUCE ORECCHIETTE WITH BROCCOLI PAELLA WHOLEMEAL PASTA WITH TUNA AND FETA PIE WITH MEAT SAUCE PENNE WITH TOMATO SAUCE AND PANCETTA PENNETTE WITH SPINACH AND TUNA FRIED POLENTA MINI FRIED POLENTA

YELLOW CATALAN RICE BLACK RICE WITH VEGETABLES LEMON AND PRAWN RISOTTO STORTELLI WITH CARBONARA SAUCE TAGLIATELLE WITH MEAT SAUCE PASTA WITH SWISS CHARD AND **RICOTTA FILLING** TORTELLINI WITH HAM AND CREAM SAUCE CEREAL EGG AND VEGETABLE PLATTER TROFIE WITH PESTO SAUCE TRUFFLE RISOTTO ASPARAGUS RISOTTO SAFFRON SPECK LASAGNE ASPARAGUS LASAGNE LINGUINE WITH SEAFOOD SAUCE

Our FIRST COURSES are industrially manufactured but are based on HOMEMADE RECIPES AND WITHOUT ADDITIVES (like grandma's!).

Notes on First Courses



They are prepared with natural ingredients, selected on the basis of high-quality standards, they are controlled and guaranteed in order to offer the typical freshness of our company's products to the most demanding clients.

Our ready first courses are packed in different types of packaging, including also food-grade aluminium doubled-coated trays, wrapped in a heat-shrink PE (polyethylene) film barrier with MAP (Modified Atmosphere Packaging).

As aluminium is an excellent heat conductor, the new packaging allows to obtain a perfect, quick and regular baking also in a conventional oven. This ensures that no alterations to the organoleptic properties of the product occur.

All our first courses are made with quality raw materials: • Béchamel is still made by us with whole, fresh and daily delivered milk. • "Ragù" meat sauce is produced by us with meat which we grind and comes from full parts of pigs or cattle, supplied by

- certified companies.
- audit, therefore they are always standard.
- Our pasta is egg pasta.
- pasteurised whole egg).
- Our "lasagna" contains a percentage of minimum 40% "ragù" meat sauce including 55 % of meat.
- The cheese we use is not "Emmental" but "Grana Padano" PDO and the "Parmigiano Reggiano" (Parmesan cheese).





• Aubergines are Italian, they come from certified suppliers and are linked to contracts implying a selection after a company

• Semi-manufactured are all made within our production lines (i.e. also our crepes are produced on a line on which we use









SECOND COURSES ... FISH

MARINATED ANCHOVIES GOLDEN RINGS FLYING SQUID CARPACCIO WITH PRAWNS GOLDEN CRAB LEGS GRATINATED MUSSELS HAKE FILLET IN OIL MIXED FRIED SEAFOOD PRAWNS WITH COCKTAIL SAUCE PRAWNS WITH OIL AND LEMON BRAZILIAN SALAD EXTRA SEAFOOD SALAD LUXURY SEAFOOD SALAD OCTOPUS SALAD EXTRA OCTOPUS SALAD FLYING SQUID SALAD FLYING SQUID SALAD WITH

ARTICHOKES AND OLIVES FLYING SQUID, OCTOPUS AND POTATO SALAD EXOTIC SALAD FRIED STOCK FISH HACK FISH WITH OIL AND LEMON HACK FISH WITH GREEN SAUCE PRAWN CRACKERS MARINATED SARDINES THE CHEF'S CUTTLEFISH **GRATINATED SKEWERS** VERDESCA FISH SLICES IN OIL FISH SOUP FLYING SQUID, OLIVE AND CARROT CARPACCIO

SECOND COURSES $\dots MEAT$

BRAISED BEEF MINI CHICKEN SCHNITZEL **MEAT CROQUETTES** BOILED SILVERSIDE TONGUE WITH GREEN SAUCE BEEF WITH GREEN SAUCE MOZZARITA BEEF TENDON SALAD GRILLED CHICKEN BREAST MEATLOAF

POT ROAST BEEF ESCALOPES WITH TOMATO SAUCE ESCALOPES WITH MUSHROOMS TURKEY WITH MUSHROOMS SCHNITZEL WITH CHEESE AND HAM VITEL TONNEE (VEAL SLICES WITH TUNA MAYONNAISE)

A full range of products to satisfy consumers' various needs.











SAUCES and SAUCES

Our packets range from 0.150 kg to 1.5 kg, coming in different kind of packaging. Shelf life of these products is 40 days.











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HOME MADE SAUCE MUSHROOM SAUCE COUNTRY-STYLE SAUCE COCKTAIL SAUCE TUNA MAYONNAISE SAUCE **GREEN SAUCE** TOMATO AND BASIL SAUCE AMATRICIANA SAUCE PUTTANESCA SAUCE (WITH ANCHOVIES, CAPERS AND OLIVES)

VEGETABLE SAUCE SHELL FISH SAUCE SAUCE WITH PORCINI MUSHROOMS

The fresh sauces

INSALATA CAPRICCIOSA VEGETABLE AND MAYONNAISE SALAD VEGETABLE, MAYONNAISE AND TUNA SALAD VEGETABLE, MAYONNAISE AND EGG SALAD VIENNA-STYLE SALAD MAYONNAISE PESTO ALLA GENOVESE

APPETIZERS

SUNDRIED TOMATOES IN OIL	ONIONS
BOILED SPINACH	ONIONS
MIXED GRATINATED VEGETABLES	SAUCE
STUFFED SAVOY CABBAGE	POTATO
GRILLED COURGETTES	VEGET
BOILED CAULIFLOWER	BOILEL
BOILED BROCCOLI	VEGET
BOILED SILVER BEET	GRILLE
COUNTRY-STYLE ARTICHOKES	ROAST
BOILED BABY CARROTS	GRILLE
BOILED WHITE CAULIFLOWER	PEPPEI
BABY ONIONS IN BALSAMIC	SMALL
VINEGAR	

We are ready and willing to develop customised recipes on your demand.





ONS WITH TOMATO SAUCE ONS IN SWEET AND SOUR

ATO CROQUETTES ETARIAN CROQUETTES LED STRING BEANS ETABLE SALAD LLED AUBERGINES ST POTATOES LLED PEPPERS PERS WITH TOMATO SAUCE LL AUBERGINE PIZZAS







VEGETABLES





SUNDRIED TOMATOES IN OIL BOILED SPINACH MIXED GRATINATED VEGETABLES STUFFED SAVOY CABBAGE **GRILLED COURGETTES** BOILED CAULIFLOWER BOILED BROCCOLI BOILED SILVER BEET COUNTRY-STYLE ARTICHOKES BOILED BABY CARROTS BOILED WHITE CAULIFLOWER BABY ONIONS IN BALSAMIC VINEGAR ONIONS WITH TOMATO SAUCE

ONIONS IN SWEET AND SOUR SAUCE POTATO CROQUETTES VEGETARIAN CROQUETTES BOILED STRING BEANS VEGETABLE SALAD **GRILLED AUBERGINES** ROAST POTATOES **GRILLED PEPPERS** PEPPERS WITH TOMATO SAUCE SMALL AUBERGINE PIZZAS

MENU... ETHNIC

Cardboard and/or aluminium 0.250-0.300kg trays, wrapped in heat-shrink film with N2/CO2 MAP (Modified Atmosphere Packaging). Shelf life of these products is 10 days.

> CHICKEN WITH CURRY CHICKEN WITH ALMONDS SOY SPAGHETTI COUS-COUS CANTONESE RICE SALAD SPRING ROLLS



A wide range of vegetables: boiled, baked, grilled, cooked and then packed according to our clients' needs.

We can offer you a take-away or catering packaging, 0.250kg and 2kg packaging for supermarkets. Shelf life is from 15 to 35 days, thanks to our pasteurization process.









BEN ESSERE VEG

The range of ready meals that all vegetarians had been waiting for, is born.









QUINOA WITH VEGETABLES 200 g **QUINOA WITH PESTO SAUCE AND** STRING BEANS 200 g VEGETABLE HAMBURGER 200 g VEGETARIAN BURGER 200 g VEGETARIAN SCHNITZELS WITH SPINACH 200 g VEGETARIAN PATTIES WITH PEAS 200 g VEGETARIAN SAUCE 200 g GRILLED VEGETABLE AND SCAMORZA CHEESE BURGER LASAGNA WITH VEGETARIAN SAUCE 300 g MINI BURGER WITH QUINOA AND FLAX SEEDS









A simple and attractive brand.

A full range.

Nine dishes, first and

dressing following the

key principles of the

Highlight on key

nutritional info.

vegetarian diet with a

main courses, and

iVeg is meant to be a point of reference for vegetarian diets. A growing market segment that is constantly seeking innovation, especially in ready meals.



THE HIGH QUALITY OF A HANDCRAFTED PRODUCT .

A modern company, manufacturing and distributing gastronomic products, perfectly embodying the iconic example of mid-sized food companies, representing Parma's food-valley.

- A rational and effective production plant, conceived according to up-the-minute structural projects.
- Quality control carried out by means of a fully equipped microbiological lab, following and controlling product treatment.
- A fully automatised product storage area.
- An impeccable internal shipping system complete the offer of our company, which is entirely devoted to distribution.

A ready-to-eat dish

The preparation can be consumed at room temperature or heated up in a frying pan. The special tray is suitable for heating up in traditional ovens and microwaves.

• A state-of-the-art production department, certified in compliance to the Standards of BRC Food Grade A and IFS Higher Level.

	Trap aluminum	traditional oven	5,5 kg max
	Trap copper aluminum	traditional oven	3,5 kg
	Trap APET	no traditional oven no microwave oven	da 0,150 a 0, 300 kg
	Trap CPET	traditional oven and microwave oven	da 0,300 a 0,400 kg
	Trap V2 CPET	traditional oven max 220° C microwave oven	da 1,2 a 2,2 kg
	Trap CPET	traditional oven max 220° C and microwave oven	da 0,500 a 0,800 kg
	Trap pure cellulose + pet	traditional oven max 180°C and microwave oven	da 0,200 a 0,400 kg
	Trap pure cellulose	traditional oven max 180° C and microwave oven	da 0,200 a 0,400 kg
•	Trap aluminum bilaccato	traditional oven and microwave oven last generation	da 0,200 a 0,400 kg
AF	Trap transparent PP	microwave oven	da 0,150 a 0,250 kg
TRA	Trap PP	microwave oven	1 kg
the 1	Trap dot XCPET	traditional oven and microwave oven	da 0,200 a 0,300 kg

	Trap PP to 5 compartments	microwave oven	da 0,500 a 0,750 kg
4	Trap PP	microwave oven	1/2,5 kg
	Trap PP	microwave oven	0,150 kg
	Trap black PP	microwave oven	da 0,150 a 0,250 kg
	Trap PP	microwave oven	0,50 kg
	Trap PP	microwave oven	0,200 kg
	Trap PP	microwave oven	0,200 kg
	Vaschetta PP trasparente	microwave oven	da 0,350 a 0,500 kg
	Trap PP	microwave oven	1 kg
	Mastello PP	microwave oven	2 kg
	Mastello PP	microwave oven	5 kg
	Pastapack (cardboard and glass PP)	microwave oven	da 0,200 a 0,220 kg









ITALIAN TRADITION

BM Gastronomia srl Head office and factory: Via E. Cabassa 1 - 43056 S. Polo di Torrile (PR) ph. 0521 813723 ric. aut. Telefax Direction / Administration - Purchasing / Quality Control ph. 0521 813661 Direct fax - for receiving orders from customers ph. 0521 813718-812177 www.bmgastronomia.com

